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Checklist for Parents of Newborns

Before you leave the hospital, obtain the following information to bring to the first visit:

- Discharge weight _____
- □ Results of any lab tests performed
- □ Results of Bilirubin tests, if done
- □ Results of blood type tests for mom and baby (if done). Keep a record for yourself as well

The State of Georgia currently requires a hearing screen to be done on all newborns before discharge.

□ Please bring the hearing screen report to the first visit

PKU Metabolic Screening Test – this is done on all babies for several metabolic diseases which are preventable if treated early. This test will be done in the hospital before discharge. If it is done before the baby is 24 hours old, it will need to be repeated at their first visit in the office.

Record date and time test was done ______

Please call the office and schedule the following appointments:

- □ Newborn Post D/C Visit at 1-2 days after discharge from the hospital
- □ Newborn visit at approximately 7-10 days of age with one of our Nurse Practitioners
- \Box Visit # 2 at approximately 1 month of age
- \Box Visit # 3 at approximately 2 months of age

Call your insurance company and your employer's human resource department to add your baby to your health insurance policy.



- \Box Record the date the call was made
- \Box Remember to bring the insurance card to every visit

Complete the forms included with this book to bring to your first visit

- □ New Patient Information
- □ Family History